

Curriculum Vitae of Wylene Saal

EDUCATION

2017 – 2019: Stellenbosch University – Postdoctoral Research Fellow (Research Psychology) 2015 – 2016: Stellenbosch University – Doctoral in Philosophy (Research Psychology)

Research Proposal and Thesis Writing. Thesis submitted and **graduating March 2017 2009 –**

2010: Stellenbosch University – Master of Sciences (Research) Psychology

Research Proposal and Thesis Writing

2008 – 2008: Stellenbosch University – Bachelor of Sciences (Honours) Psychology

Modules included: Community Psychology, Family psychology, Child Psychology, Psychotherapy, Cognitive Psychology, Research Methodology, Psychometry, Research Assignment

Mini-thesis: *The relationship between social support and health promoting behaviour*

2004 – 2007: Stellenbosch University – Bachelor of Sciences

Majors included: Biochemistry, Genetics, Physiology, Psychology

2000 – 2003: Namaqualand High School – Springbok, South Africa

Subjects included: Afrikaans 1ste Language HG	B
English 2nd Language HG	B
Accounting HG	C
Biology HG	C
Physical Sciences HG	D
Mathematics HG	D

WORK EXPERIENCE

6 January 2020 – ongoing | University of Cape Town | Postdoctoral Fellowship

UKRI GCRF Accelerate Hub

- Plan and conduct quantitative data analyses on topics agreed with principal investigator(s);
- Conduct literature reviews on topics related to analyses planned;
- Support data cleaning and data management as needed;
- Present analyses at seminars, workshops and conferences, and
- Prepare research findings for publication in peer-reviewed journals

1 April 2019 – 23 December 2019 | Stellenbosch University | Researcher

International Student Health and Wellness Study: Caring Universities Project

- Co-supervise a Master's degree
- Planning and execution of a national survey on student mental health at Universities in South Africa

- Securing ethical consent and institutional permission for this study.
- Data collection, data cleaning and data management for the project.
- Data analysis.
- Preparation of manuscripts for publication and dissemination of results.

1 March 2017 – 31 March 2019 | Stellenbosch University | Postdoctoral Fellowship

International Student Health and Wellness Study: Caring Universities Project

- Coordinate logistics for data collection
- Collection, management and analysis of longitudinal quantitative data
- Managing data base using Qualtrics
- Cleaning, managing, analysing and reporting of data
- Research dissemination through journal publications and conference presentations
- Successfully co-supervised two Honours (Research Psychology) degrees to completion in 2017
- Co-supervised two Honours degrees to completion in 2018

**26 March – 29 March/9 April - 12 April 2018 (Psych 114) | 24 July-2 August 2018 (Psych 144)
| Stellenbosch University | Ad Hoc Lecturer**

Department of Psychology- Psychology 114 and 144

- Psych 114: Prepare and deliver works on Learning and Conditioning (Classical and Operant Conditioning)
- Psych 144: Prepare and deliver lectures on the Theories of Motivations and Emotions
- Initiate and facilitate classroom discussions

1 December 2016-28 February 2017 | South African Medical Research Council | Research Co-ordinator

Burden of Disease Unit

- Liaise with relevant provincial authorities and facility managers
- Act as the point of contact for and communicate project status adequately to all stakeholders
- Coordinate logistics for data collection from patient records at study hospitals
- Ensure ongoing quality control of data collection
- Data management tasks, including data editing using REDCaps
- Provide ongoing assistance to fieldworkers and their supervisors and troubleshoot challenges experienced in the field
- Provide project status updates to Principal Investigator and share information on issues that may impact project progress
- Maintain comprehensive project documentation

18 October 2016-23 December 2016 | Stellenbosch University | Data Collector

Breast Cancer Study

- Recruiting study participants

- Administering self-report questionnaires to ensure that target completion rates were reached
- In cases where participants are unable to read the questions (due to fatigue, or in pain etc.), I have conducted the interviews
- Managing data base
- Cleaning, managing, analysing and reporting of data

1 February 2016 – 30 November 2016 | Stellenbosch University | Research Coordinator

Common mental disorders and HIV project

- General project administrative tasks including quality assurance
- Research dissemination through journal publications and conference presentations
- Training of research data collectors to administer the structured clinical interview for the DSM-5
- Supervising data collection processes
- Co-ordination of research implementation and logistics
- Recruiting study participants
- Conducting structured interviews to ensure that target completion rates were reached
- Cleaning, managing, analysing and reporting of data using SPSS

29 February – 18 March 2016 | Stellenbosch University | Ad Hoc Lecturer

Department of Psychology- Abnormal Psychology 314

July – September 2015 | Stellenbosch University | Tutor

Department of Psychology- Community Psychology 348

1 July 2013- 31 January 2014 | Stellenbosch University | Research Assistant

Department of Interdisciplinary Health Sciences

- Administrative duties
- Providing research-related support
- Organizing the pre-doctoral program for potential PhD candidates.

2 March 2011 – 29 February 2013 | EPIK (English Program in Korea) teacher, Gyeongbuk Province, South Korea |

English Teacher

- Assist Korean teachers with their English class(es) and/or jointly conduct English classes with Korean teachers, and lead extracurricular activities or English camps
- Prepare teaching materials and lesson plans for English classes
- Training of candidates competing in English speaking contests

PUBLICATIONS

1. Bantjes, J., **Saal, W.**, Lochner, C., Roos, J., Auerbach, R.P., Mortier, P., Bruffaerts, R., Kessler, R.C. & Stein, D. J. (2020). Inequality and mental healthcare utilisation among first-year university students in South Africa. *Int J Ment Health Syst* 14, 5. <https://doi.org/10.1186/s13033-020-0339-y>
2. **Saal, W.L.**, Kagee, S.A., & Bantjes, J. (2020). Gender Differences in the Utility of the Alcohol Use Disorder Identification Test in Screening for Alcohol Use Disorder Among HIV Test Seekers in South Africa. *AIDS and Behavior*. <https://doi.org/10.1007/s10461-019-02772-6> [Epub ahead of print]
3. Bantjes, J., Breet, E., **Saal, W.**, Lochner, C., Roos, J., Mortier, P., Auerbach, R.P., Bruffaerts, R., Kessler,

- R.C., Stein, D.J. (2019). Epidemiology of non-fatal suicidal behavior among first-year university students in South Africa. *Death Studies*. URL: <https://www.tandfonline.com/doi/full/10.1080/07481187.2019.1701143>
4. **Saal, W.L.**, Kagee, S.A., & Bantjes, J. (2019). Evaluation of the Beck Anxiety Inventory in predicting generalized anxiety disorder among individuals seeking HIV testing in the Western Cape, South Africa. *South African Journal of Psychiatry*. URL: <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC6890543/>
 5. Bantjes, J., Lochner, C., **Saal, W.L.**, Roos, J., Taljaard, L., Page, D., Auerbach, R.P., Mortier, P., Bruffaerts, R., Kessler, R.C., Stein, D.J. (2019). Prevalence and sociodemographic correlates of common mental disorders among first-year university students in post-apartheid South Africa. *South African Medical Journal*. URL: <https://bmcpublichealth.biomedcentral.com/articles/10.1186/s12889-019-7218-y>
 6. Bantjes, J., Kagee, S.A., & **Saal, W.L.** (2019). The utility of the Hopkins Symptom Checklist as a screening instrument for common mental disorders among persons seeking HIV testing. *AIDs and Behavior*. URL: <https://www.ncbi.nlm.nih.gov/pubmed/31041626>
 7. **Saal, W.L.**, Kagee, S.A., & Bantjes, J. (2018). Utility of the Beck Depression Inventory in measuring major depression among individuals seeking HIV testing in the Western Cape, South Africa. *AIDS Care*. URL: <https://www.tandfonline.com/doi/abs/10.1080/09540121.2018.1499856?journalCode=caic20>
 8. Kagee, S.A., Bantjes, J., **Saal, W.L.**, & Sefatsa, M. (2018). Utility of the Posttraumatic
 9. Stress Scale–Self-report version in screening for posttraumatic stress disorder among persons seeking HIV testing. *South African Journal of Psychology*. URL: <https://journals.sagepub.com/doi/abs/10.1177/0081246318779191>
 10. Kagee, S.A., **Saal, W.L.**, Bantjes, J. (2018). The relationship between symptoms of common mental disorders and drug and alcohol misuse among persons seeking an HIV test. *AIDS Care*. URL: <https://www.tandfonline.com/doi/abs/10.1080/09540121.2017.1361510?journalCode=caic20>
 11. Bantjes, J., Kagee, S.A., & **Saal, W.L.** (2017). Suicidal ideation and behaviour among persons seeking HIV testing in peri-urban areas of Cape Town, South Africa: a lost opportunity for suicide prevention. *AIDS Care*. URL: <https://www.ncbi.nlm.nih.gov/pubmed/28030971>
 12. Kagee, S.A., Bantjes, J., & **Saal, W.L.** (2017). Prevalence of traumatic events and symptoms of PTSD among South Africans receiving an HIV test. *AIDS and Behavior*. URL: <https://www.ncbi.nlm.nih.gov/pubmed/28224321>
 13. Kagee, S.A., **Saal, W.**, & Bantjes, J. (2016). Distress, depression and anxiety among persons seeking HIV testing. *AIDS Care*. URL: <https://www.ncbi.nlm.nih.gov/pubmed/27866410>
 14. Kagee, S.A, **Saal, W.**, De Villiers, L., Sefatsa, M., & Bantjes, J. (2016). The prevalence of common mental disorders among people seeking HIV testing. *AIDS and Behavior*. URL: <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5114161/>
 15. Magidson, J.F, **Saal, W.**, Nel, A., Remmert, J.E., Kagee, A (2015). Relationship between depressive symptoms, alcohol use, and antiretroviral therapy (ART) adherence among HIV-infected clinic attending patients in South Africa. *Journal of Health Psychology*. URL: <https://www.ncbi.nlm.nih.gov/pubmed/26884445>
 16. Kagee, A., Coetzee, B., **Saal, W.**, & Nel, A. (2015). Using the Beck Anxiety Inventory among South Africans Living with HIV Exploratory and Higher Order Factor Analyses. *Measurement and Evaluation in Counseling and Development*; 48(3). doi:10.1177/0748175615578734. URL: <https://journals.sagepub.com/doi/abs/10.1177/0748175615578734>
 17. Kagee, A., Nel, A., & **Saal, W.** (2013). Factor structure of the Beck Depression Inventory-II among South

Africans receiving antiretroviral therapy. *AIDS Care*; 26(2). doi:10.1080/09540121.2013.802278. URL: <https://www.ncbi.nlm.nih.gov/pubmed/23750786>

18. Saal, W., & Kagee, A. (2011). The applicability of the Theory of Planned Behaviour in predicting adherence to ART among a South African sample. *Journal of Health Psychology*; 17(3):362-70. doi:10.1177/1359105311416875. URL: <https://www.ncbi.nlm.nih.gov/pubmed/21841045>
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CONFERENCE PRESENTATIONS

1. Saal, W., Kagee, A., & Bantjes, J. Evaluation of the Beck Anxiety Inventory in predicting generalized anxiety disorder among people seeking HIV testing in the Western Cape, South Africa
The 13th International AIDS Impact Conference, What will it really take to end the epidemic? The conference will promote pioneering work on understanding the dynamics of a changing epidemic. A key focus will be consideration of new choices for HIV - for prevention, treatment, care and strategic planning.
 2. Saal, W., Bantjes, J., & Kagee, A. Distress, depression and anxiety among persons seeking HIV testing
22nd Annual South African Psychology Congress, to be held in Johannesburg from the 20-23 September 2016, with the theme #PsychologysResponse/ability.
 3. Saal, W., De Villiers, L., Sefatsa, M., Bantjes, J., & Kagee, S.A. The prevalence and symptomatology of major depression among people seeking HIV testing
The 9th Biannual International Society of Critical Psychology (ISCHP) Conference on Health, Health Care and Social Justice, 2015
 4. Saal, W., De Villiers, L., Sefatsa, M., Bantjes, J., & Kagee, S.A. The prevalence of common mental disorders among persons seeking HIV testing in South Africa
The 12th International AIDS Impact Conference with a key focus on the consideration of new choices for HIV prevention following the increased availability of biomedical interventions as well as those of lower-threshold HIV-testing options, 2015
 5. Saal, W., De Villiers, L., Sefatsa, M., Bantjes, J., & Kagee, S.A. The use of self-report measures to identify common mental disorders among people seeking HIV testing in South Africa. The 11th Annual Public Health Association of South Africa (PHASA) Conference on Health and Sustainable Development, 2015
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TRAINING/SPECIAL SKILLS

Data analysis and management using SPSS

Training in using ATLAS.ti, and R;

Training in administering the structured clinical interview for the DSM-5 (SCID-5).

Knowledge and experience with research in the field of common mental disorders, such depression, anxiety and post-traumatic stress disorder.

Designing and managing surveys using Stellenbosch e-survey software, Qualtrics and RedCaps.

SCHOLARSHIPS/BURSARIES

2015 till 2016 The Partnership for Alcohol and AIDS Intervention Research (PAAIR) Funding

2014 till 2016 The National Institute for the Humanities and Social Sciences (NIHSS) Doctoral Scholarship

REFEREES

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